# ECEM ERKOL, M.A

# **EDUCATION**

Işık University PhD in Clinical Psychology with Adult Focus	Istanbul, TR 2021 –
Maltepe University M.A in Clinical Psychology Thesis Title: A Qualitative Study on the Community-Based Practices in Clinical Psychology Training from the Students' Perspectives: SOYAÇ Model	<b>Istanbul, TR</b> 2018 – 2021
Işık University B.A. in Psychology with a minor degree in Business Administration	<b>Istanbul, TR</b> 2013 – 2018
Cardiff Metropolitan University Erasmus+ Exchange	Cardiff, UK Spring 2016

# **AWARDS AND ACHIEVEMENTS**

- ÖSYM Success Scholarship (full tuition) and Honour Degree Scholarship (housing and living expenses) from Işık University for undergraduate education.
- Erasmus+ study exchange grant received.
- Işık University alumni and success scholarship for doctorate education.
- Travel grant for the Advanced Research Training Seminar (ARTS) of the International Association of Applied Psychology (IAAP).

# **ACADEMIC EXPERIENCE**

Sabancı University, Psychology Program Research Assistant	Istanbul, TR 2019 –
Işık University, Psychology Program Teaching Assistant	<b>Istanbul, TR</b> 2013 – 2017

#### CLINICAL EXPERIENCE

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Private Practice Psychotherapist	2021 –	
<b>Application and Research Centre for Children who Live or Work on Streets</b> <i>Psychologist</i>	<b>Istanbul, TR</b> 2018 – 2020	
Institution of Behavioural Sciences Intern Psychologist	<b>Istanbul, TR</b> Summer 2018	
Public Mental Health Institutions Intern Psychologist	<b>Istanbul, TR</b> Summer 2014	

#### **COMMUNITY SERVICE**

Journal of European Psychology Students – JEPSEFPSAEditor-in-Chief2023 –Editor2021 – 2023

Işık University, PsikoMedya Online and Printed NewspaperIstanbul, TREditor-in-Chief2014-2017

Better Together Project

Volunteer

EFPSA
Fall 2017

Student Action for Refugees – STARCardiff, UKVolunteerSpring 2016

#### **PUBLICATION**

Tull, M. T., Gratz, K. L., & Chapman, A. L. (2023). **Uykunuzu İyileştirmek: Temeller.** (M. Demircioğlu, Trans. Ed., & E. Erkol, Trans.) In *TSSB için Bilişsel Davranışçı Başa Çıkma Becerileri Çalışma Kitabı*. (pp. 131–143). Akademisyen Kitabevi. (Original work published 2017)

Erkol, E., Bademci, H. Ö., & Grassetti, S. N. (2023). Clinical Psychology Master Trainees' Perspectives on Community-Based SL Experiences. In Co-Constructing and Sustaining Service Learning in Graduate Programs: Reflections from the Field (pp. 81-103). IGI Global.

Cefai, C., Miljevic-Ridicki, R., Bouillet, D., Pavin Ivanec, T., Milanovic, M., Matsopoulos, A., ... & Caetano Santos, A. (in press). **RESCUR: surfing the waves-a resilience curriculum for early years and primary schools-a teacher's guide.** (E. Erkol, Ed. & Trans). *Maltepe Üniversitesi Fen Edebiyat Fakültesi Dergisi*. (Original work published 2015)

Erkol, E. & Deveci, E. (2018). **Body mass index, eating attitudes, body perception, and social comparison through physical appearance during the first year postpartum.** *Interdisciplinary: Undergraduate Journal of Humanities and Social Sciences*, 2(2), 19-43.

### **CONFERENCE PRESENTATIONS**

Erkol E. & Bademci, H. Ö. (2023, July 4-7) *Clinical Psychology Master Trainees' Perspectives on Community-Based SL Experiences*. [3-Minute Oral Presentation]. 18<sup>th</sup> European Congress of Psychology, Brighton, UK.

Erkol, E. & Deveci, E. (2018, July 27-30). *Body Mass Index, Eating Attitudes, Body Perception and Social Comparison through Physical Appearance during the First Year Postpartum.* [Poster Presentation], 22<sup>nd</sup> National Congress of Psychology Students, Nuh Naci Yazgan University, Kayseri, Türkiye.

#### INVITED SPEECHES AND WORKSHOPS

Invited Lecturer. (2023, March). "Clinical Psychology Master Trainees' Perspectives on Community-Based SL Experiences." Maltepe University, İstanbul.

Speaker. (2023, October 10). "Community-Based Clinical Psychology Applications: Clinical-Community Psychology". Maltepe University, İstanbul. SOYAÇ Symposia.

Speaker. (2023, October 7-8). "Community-Based Clinical Psychology Applications: Clinical-Community Psychology and SOYAÇ Model" Global Student Psychology Convention.

Workshop. (2023, October 17). "Academic Writing". European Federation of Psychology Students' Association, Executive Board & Member Representatives Meeting, Oslo, Norway.

# **CLINICAL TRAINING AND CERTIFICATES**

Basic Existential Analysis Existential Academy	2022 –
Approved by the Federation for Existential Therapy in Europe	
Introduction to Psychosomatic Theory Seminars Istanbul Psychoanalytic Psychosomatic Association – 12 hours	06/2023
International Relationship and Family Studies World Humanitarian Solidarity Association – 47 hours	06/2022
<b>Compassionate Inquiry Self-Study Short Online Course</b> Psychotherapy approach of Gabor Maté, M.D – 30 hours	01/2022
Rorschach, TAT & CAT Projective Tests for Children Rorschach & Projective Tests Association Neslihan Zabcı – 2 years	02/2021
Mindfulness and Well-being: Foundations Rice University by Coursera – 16 hours	12/2020
RITTM (Reconnect Integrative Trauma Treatment Model) Psychotherapeutic trauma treatment model Integrated by Karol Darsa, PsyD – 44 hours	11/2020
Crisis, Trauma, Death, and Grief Counselling Mental Health Association, Nevin Dölek, PhD – 12 hours	03/2019
WISC-R and Weschler Intelligence Tests Mental Health Association	02/2019
Pedagogical Formation İstanbul University	12/2018

# MEMBERSHIP IN PROFESSIONAL SOCIETIES

International Association of Applied Psychology – Member	06/2023 - Present
Turkish Psychological Association – <i>Member</i>	01/2020 - Present