

ECEM ERKOL, M.A

EDUCATION

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| Işık University PhD in Clinical Psychology with Adult Focus | Istanbul, TR 2021 – |
| Maltepe University M.A in Clinical Psychology Thesis Title: A Qualitative Study on the Community-Based Practices in Clinical Psychology Training from the Students' Perspectives: SOYAÇ Model | Istanbul, TR 2018 – 2021 |
| Işık University B.A. in Psychology with a minor degree in Business Administration | Istanbul, TR 2013 – 2018 |
| Cardiff Metropolitan University Erasmus+ Exchange | Cardiff, UK Spring 2016 |

AWARDS AND ACHIEVEMENTS

- ÖSYM Success Scholarship (full tuition) and Honour Degree Scholarship (housing and living expenses) from Işık University for undergraduate education.
- Erasmus+ study and internship exchange grants.
- Işık University alumni and success scholarship for doctorate education.
- Travel grant for the Advanced Research Training Seminar (ARTS) of the International Association of Applied Psychology (IAAP).

ACADEMIC EXPERIENCE

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| MEF University Parttime Lecturer | Istanbul, TR Fall 2024 |
| MSB Medical School Berlin Visiting Researcher | Berlin, DE 10.2024 – 12.2024 |
| Sabancı University Research Assistant | Istanbul, TR 2019 – |
| Işık University Teaching Assistant | Istanbul, TR 2013 – 2017 |

CLINICAL EXPERIENCE

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| Private Practice Psychotherapist | 2021 – |
| Application and Research Centre for Children who Live or Work on Streets Psychologist | Istanbul, TR 2018 – 2020 |
| Institution of Behavioural Sciences Intern Psychologist | Istanbul, TR Summer 2018 |

Public Mental Health Institutions
Intern Psychologist

Istanbul, TR
Summer 2014

COMMUNITY SERVICE

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| Journal of European Psychology Students – JEPS | EFPSA |
| Editor-in-Chief | 2023 – 2024 |
| Editor | 2021 – 2023 |
| Işık University, PsikoMedya Online and Printed Newspaper | Istanbul, TR |
| Editor-in-Chief | 2014-2017 |
| Better Together Project | EFPSA |
| Volunteer | Fall 2017 |
| Student Action for Refugees – STAR | Cardiff, UK |
| Volunteer | Spring 2016 |

PUBLICATIONS

- Greenberg, T. M., (2024). **Peşini Bırakmayan Canavarlar: Korku ve Öfkeyi Fethetmek ve Keşfetmek.** (M. Demircioğlu, Trans. Ed., & E. Erkol, Trans.) In Karmaşık TSSB Başa Çıkma Becerileri Çalışma Kitabı. (pp. 21–44) Akademisyen Kitabevi. (Original work published 2022)
- Tull, M. T., Gratz, K. L., & Chapman, A. L. (2023). **Uygunuzu İyileştirmek: Temeller.** (M. Demircioğlu, Trans. Ed., & E. Erkol, Trans.) In TSSB için Bilişsel Davranışçı Başa Çıkma Becerileri Çalışma Kitabı. (pp. 131–143). Akademisyen Kitabevi. (Original work published 2017)
- Erkol, E., Bademci, H. Ö., & Grasseti, S. N. (2023). **Clinical Psychology Master Trainees' Perspectives on Community-Based SL Experiences.** In Co-Constructing and Sustaining Service Learning in Graduate Programs: Reflections from the Field (pp. 81-103). IGI Global.
- Cefai, C., Miljevic-Ridicki, R., Bouillet, D., Pavin Ivanec, T., Milanovic, M., Matsopoulos, A., ... & Caetano Santos, A. (in press). **RESCUR: surfing the waves-a resilience curriculum for early years and primary schools-a teacher's guide.** (E. Erkol, Ed. & Trans). Maltepe Üniversitesi Fen Edebiyat Fakültesi Dergisi. (Original work published 2015)
- Erkol, E. & Deveci, E. (2018). **Body mass index, eating attitudes, body perception, and social comparison through physical appearance during the first year postpartum.** Interdisciplinary: Undergraduate Journal of Humanities and Social Sciences, 2(2), 19-43.

SELECTED CONFERENCE PRESENTATIONS

- Erkol E. & Bademci, H. Ö. (2023, July 4-7) Clinical Psychology Master Trainees' Perspectives on Community-Based SL Experiences. [3-Minute Oral Presentation]. 18th European Congress of Psychology, Brighton, UK.
- Erkol, E. (2023, October 10). *Toplum temelli klinik psikoloji eğitiminde dayanışma ve ilişkisel öğrenme: SOYAÇ örneği, SOYAÇ (Sokakta Yaşayan ve Çalışan Çocuklar İçin Uygulama ve*

Araştırma Merkezi). [Oral Presentation], T.C. Maltepe Üniversitesi, s. 15-17.

<https://hdl.handle.net/20.500.12415/12784>

Erkol, E. (2024, May 24-25) Experiences of Social Tango Dancers in Türkiye in the Framework of the Four Worlds: A Qualitative Study. [Poster Presentation]. 5th European Conference of Existential Therapy, İstanbul, Türkiye.

Erkol, E., İçer, Y., Çam Çelikel, F. & Akçınar, B. (2024, July 21-26). *Emotion Regulation, Smoking Habits, and Addiction Among University Students in Türkiye*. [Poster Presentation]. 33rd International Congress of Psychology, Prague, 59(1), 79. <https://doi.org/10.1002/ijop.13168>

INVITED SPEECHES AND WORKSHOPS

Invited Lecturer. (2023, March). “Clinical Psychology Master Trainees’ Perspectives on Community-Based SL Experiences.” Maltepe University, İstanbul.

Speaker. (2023, October 7-8). “Community-Based Clinical Psychology Applications: Clinical-Community Psychology and SOYAÇ Model” Global Student Psychology Convention.

Workshop. (2023, October 17). “Academic Writing”. European Federation of Psychology Students’ Association, Executive Board & Member Representatives Meeting, Oslo, Norway.

CLINICAL TRAINING AND CERTIFICATES

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| Basic Existential Analysis | 12/2024 |
| Existential Academy | |
| Approved by the Federation for Existential Therapy in Europe – 2 years | |
| Introduction to Psychosomatic Theory Seminars | 06/2023 |
| Istanbul Psychoanalytic Psychosomatic Association – 12 hours | |
| International Relationship and Family Studies | 06/2022 |
| World Humanitarian Solidarity Association – 47 hours | |
| Compassionate Inquiry Self-Study Short Online Course | 01/2022 |
| Psychotherapy approach of Gabor Maté, M.D – 30 hours | |
| Rorschach, TAT & CAT Projective Tests for Children | 02/2021 |
| Rorschach & Projective Tests Association | |
| Neslihan Zabcı – 2 years | |
| Mindfulness and Well-being: Foundations | 12/2020 |
| Rice University by Coursera – 16 hours | |
| RITTM (Reconnect Integrative Trauma Treatment Model) | 11/2020 |
| Psychotherapeutic trauma treatment model | |
| Integrated by Karol Darsa, PsyD – 44 hours | |
| Crisis, Trauma, Death, and Grief Counselling | 03/2019 |
| Mental Health Association, Nevin Dölek, PhD – 12 hours | |
| WISC-R and Weschler Intelligence Tests | 02/2019 |
| Mental Health Association | |

Pedagogical Formation
İstanbul University

12/2018

MEMBERSHIP IN PROFESSIONAL SOCIETIES

International Association of Applied Psychology – Member

06/2023 – Present

Turkish Psychological Association – Member

01/2020 – Present